

Commitment to healthy development

As a central learning centre and social living space where adolescents spend a large part of their time, schools bear a significant responsibility when it comes to imparting knowledge, behaviour and attitudes towards health and illness.

What pupils experience there has a long-term effect on their physical, mental and emotional development and influences their well-being well into adulthood. Not only do schools play a decisive role in quality of life and self-realisation, but they are also important for the individual resources and abilities of learners and teachers alike.

In this context, the Software AG Foundation has set itself the goal of finding and financially supporting non-profit researchers and practitioners who are seeking solutions to the health challenges of today's children and youth in the context of schools, including dietary and exercise habits, the use of screens and social media, physical and psychological violence, as well as problematic body perceptions and performance pressure.

Wide range of funding opportunities

Short-term projects, as well as initiatives with a duration of up to five years that address the following issues/challenges, among others, are eligible for support:

• Class- or school-based projects that, in addition to self-esteem and a sense of responsibility, also promote physical activity, nutritional awareness, empathy, teamwork and tolerance (including for frustration), as well as combat bullying and abusive behaviour or contribute to addiction prevention









- Learning concepts whereby pupils can experience self-efficacy through practical action and/or develop an interest in social issues and shaping the future
- Testing and establishment of **healthy eating** programmes
- Appointment of school health specialists

- Medical and educational training and continuing education
- Resilience-building measures for pupils and teaching staff, as well as other tools to keep educators healthy
- Health centres and projects for pupils and their parents or guardians that pool expertise on health potentials and risks













Our dialogue offer

Dialogue is the basis for working with our funding partners. Regardless of whether you have questions about the application process, would like to discuss the support options for your project in person or would like to draw on expertise from our network, Jana Weische, our 'Prevention and Health' project manager and contact person, would be happy to assist you.

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In addition, a form available at https://www.sagst.de/en/grant-applications help you with an informal preliminary enquiry. Here, you will also find guidelines that will take you through our streamlined application procedure, which largely dispenses with extensive formalities.